



Sassy Spuds

Nutritional Information

Product 94336
 Size 1.50 oz 43 g

Nutrition Facts			
Serving Size	1 Bag	(43g)	
Servings Per Container	1		
Amount Per Serving			
Calories	220	Calories from Fat	120
	%Daily Value*		
Total Fat	13 g		20 %
Saturated Fat	1.5 g		7 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	240 mg		10 %
Total Carbohydrate	24 g		8 %
Dietary Fiber	2 g		6 %
Sugars	0 g		
Protein	3 g		
Vitamin A	0 %	Vitamin C	15 %
Calcium	2 %	Iron	4 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbohydrate 4 Protein 4			

Potatoes, Sunflower Oil and/or Corn Oil, Sea Salt

Product 94346
 Size 5.00 oz 142 g

Nutrition Facts			
Serving Size	about 12 chips	(28g)	
Servings Per Container	5		
Amount Per Serving			
Calories	150	Calories from Fat	80
	%Daily Value*		
Total Fat	9 g		13 %
Saturated Fat	1 g		5 %
Trans Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	160 mg		7 %
Total Carbohydrate	16 g		5 %
Dietary Fiber	1 g		4 %
Sugars	0 g		
Protein	2 g		
Vitamin A	0 %	Vitamin C	10 %
Calcium	0 %	Iron	2 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
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Potatoes, Sunflower Oil and/or Corn Oil, Sea Salt